

With the fast-paced times of today, attending to needs besides your own can be an overwhelming challenge. It is even more difficult if you have to shuttle from one place to the next just to get the much-needed care, especially if the task of traveling becomes a threat to the patient's health.

Hospitalizations may be the first thing to come to mind when health issues are

come to mind when health issues are concerned, but studies have shown that hospital stays are not only astronomically expensive, it can also hamper the recovery of the patient, who is taken out of familiar surroundings and into cold, sterile hospital walls, far from the warmth of family and friends.

In such troubling times, Continental Health Care, Inc. is here to serve. We deliver the all around health care you need right within the comfort of your own home.

We are a well-established company with an excellent track record in regards to the quality of care services we deliver to our homebound clients. We are blessed with only the best nurses, therapists, social workers and caregivers who work diligently day and night to ensure that our clients are guided along the road to better health.

# ©mployees-In-Service

We understand the importance of quality health care. That's why it is equally important to have quality health care professionals deliver much needed assistance to clients bound home either by illness, injury or age. Continental Health Care boasts a team of specialist with impressive credentials and who are genuinely concerned about our client's welfare. We have nurses, physical and occupational therapists, social workers, as well as caregivers ready at your beck and call twenty-four hours a day, seven days a week.

Potential employees go through a thorough screening process which includes background and criminal checks. They enjoy benefits and compensations for a job well done.



5910 W Courtyard Drive Suite 220 Austin, Texas 78731

> Phone: (512) 906-1756 Fax: (512) 906-1877 continentalhh@yahoo.com





# bout Us

Continental Health Care, Inc. is a home health care company providing in-home care services in Austin Texas. Our health care experts comprise of nurses, therapists, social workers and caregivers who work twenty-four hours a day, seven days a week to guide our clients towards the betterment of their health, and in essence, their lives.

We understand that in these modern times, to attend to the needs of yourself as well as others, so much more if circumstances force you or your loved one to remain at home.

We do not discriminate when it comes to our clients. We cater to homebound patients without regard for age, gender, religion and origin. We do, however, make sure that our patients fall under the classification of homebound. Home care is not a luxury but a privilege, and we make sure we reach those who deserve our assistance.

We have an excellent track record in regards to the quality of care services we deliver to our homebound clients. We are a company built upon a passion towards delivering all-around care in the comfort of our clients' homes.

# bout Us

**Continental Health Care offers a variety of** care services tailor-made to suit the unique and different needs of our clients. Services include...

## **Skilled Nursing**

When illness and injury dictates that the patient remains at home, Continental Health Care can deliver skilled nursing care to the client's doorstep. These include:

- Wound Care
- Foley catheter care
- IV Therapy
- Oxygen Therapy and other Breathing
- Machines
- Medication Administration
- Glucose Monitoring
- Vital Signs Monitoring
- Tracheotomy tube care

#### CNA

Among services rendered by our Certified Nursing Assistants (CNAs) are:

- Bathing
- Housekeeping
- Dressing
- Laundry
- Grooming
- Medication reminders
- preparation
- Meal planning andTransportation (non-emergency)
- Running errands

## **Physical Therapy**

Our physical therapy services include:

- Evaluation of patient needs
- Therapeutic Exercises
- Home Exercise Program
- Monitoring of patient progress
- Training on the use of special equipment

### **Occupational Therapy**

Activities may be in the form of work, leisure, self-care, as well as domestic activities.

- ADL Training
- Fine Motor Coordination
- Perpetual Motor Training
- Neuro-development Treatment
- Orthotics
- Splinting

#### **Medical Social Worker**

Our Medical Social Services helps the clients and their loved ones through:

- Short-term therapy
- Grief Counseling
- Evaluation of social and emotional factors
- Financial Planning
- Assistance in tapping into community resources

www.continentalhealthcareinc.com